

The Attachment Networks Of
Connecticut, Manitoba, and North Carolina
are proud to offer the follow program for the
No One Eats Alone lunchtime series

Inviting Sustainable
Change
in Communities

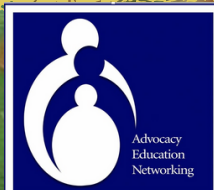
Presented by
Laura Porter,
ACE Interface

March 8, 2023 from 12-1 pm (EST)
Please Join Us!

Attachment Network of Connecticut



"You are my
sun, my moon,
and all of the
stars".
—e.e. cummings



Attachment Network of Manitoba



The Attachment Network
OF NORTH CAROLINA

About this Event

Inviting Sustainable Change in Communities

This work session is about orchestrating a shift in the ways that people think, act, and affect family systems in a community. While most community change models use the power of push (positional leaders make decisions that affect everyone), this session is about a community change model that uses the power of pull: making small moves that effectively engage and align local actions and produce outsized results. Based on the Self-Healing Communities partnership between Washington State and forty-two communities, an overview of the structures, processes, and tools that were used to stimulate system innovation and community learning will be presented. The focus will be on how system improvements are invited and reinforced over time. Lessons learned from the work will be shared, including the importance of activating natural helping systems of family, friends, and neighbors as leaders of intergenerational wellbeing.



Event Details:

Speaker: Laura Porter, ACE Interface

Wednesday, March 8, 2023

12 - 1 pm (EST), Zoom event

To Register for the event, which will be held on Zoom please follow this link:

<https://uconnhealth.zoom.us/meeting/register/tJYlce2srT8sGNJwrhLqaEu4QHB0sBiCJH9Y>

After registering, you will receive a confirmation email containing information about joining the meeting.

About the Presenter



Laura Porter is a Co-Founder of ACE Interface, a public health education and consultation firm that helps leaders to use ACE Study concepts to build Self-Healing Communities. Laura is passionate about the power of community to improve people's lives. Laura is a former elected County Commissioner and Director of a Governor's Cabinet initiative in Washington State, U.S.A. For nearly two decades, Laura worked with 30 communities and 9 Tribal Nations to create a model for community capacity development that is consistent with living systems theory and indigenous healing wisdom. Positive population-level results associated with using the model are documented in peer reviewed journals, the documentary film by James Redford titled Resilience, and in an article published by the Robert Wood Johnson Foundation titled: Self-Healing Communities, a Transformational Process Model for Improving Intergenerational Health. With her business partner, Dr. Rob Anda, she has trained over 1500 ACE Interface educators, to engage everyone in Adverse Childhood Experience prevention and the practice of building Self-Healing Communities. Laura is a member of the Board of Directors for the Campaign for Trauma Informed Policy and Practice (CTIPP), and provides support and services to a wide range of groups, from parents and youth who are convening neighborhood conversations, to philanthropic leaders and government officials who are using ACE science in investment and policy decisions.

Associated Readings:

Anda RF, Porter LE, Brown DW. (2020). Inside the Adverse Childhood Experience Score: Strengths, Limitations, and Misapplications. *Am J Prev Med.* 2020 Aug;59(2):293-295. doi: 10.1016/j.amepre.2020.01.009. Epub 2020 Mar 25. PMID: 32222260.

Hall, J., Porter, L., Longhi, D., Becker-Green, J., Dreyfus, S. (2012) Reducing Adverse Childhood Experiences (ACE) by Building Community Capacity: A Summary of Washington Family Policy Council Research Findings. *Journal of Prevention and Intervention in the Community*; 40: 325-334. Rights: Taylor & Francis Group, LLC.

Longhi D, Brown M, Barila T, Fromm Reed S, Porter, L. (2019). How to increase community-wide resilience and decrease inequalities due to adverse childhood experiences (ACEs): Strategies from Walla Walla, Washington. *Journal of Prevention & Intervention in the Community*, DOI: 10.1080/10852352.2019.1633071.

Porter L, Martin K. Anda R. (2017) Culture Matters: Direct Service Programs Cannot Solve Widespread, Complex, Intergenerational Social Problems. *Culture Change Can. Academic Pediatrics.* 17:S22-S23.

Porter, L., Martin, K., Anda, R.F. (2017) Self-Healing Communities; A Transformational Process Model for Improving Intergenerational Health; published by Robert Wood Johnson Foundation. <https://www.rwjf.org/en/library/research/2016/06/self-healing-communities.html>

For more information on ANCT, please visit our website at :

<https://www.attachmentnetworkofconnecticut.com>

For more information on Attachment Network of Manitoba please see website:

<https://attachmentnetwork.ca>

For more information on Attachment Network of North Carolina please see website:

<https://www.attachmentnetworknc.org>