

The Attachment Network of Connecticut
is pleased to offer the following program for the
No One Eats Alone lunchtime series

**The Journey of Promoting Positive Attachment
& Relationships within the CT:
The Birth to Three System,
through the Lens of Circle of Security**

Presented by
DONNA Q. NOTTI + JENNIFER BUFFINGTON
Cheshire Public Schools Birth to Three Program

June 14, 2023 from 12-1 pm (EST)

Please Join Us!

Attachment Network of Connecticut



About this Event

The Journey of Promoting Positive Attachment & Relationships within the CT: The Birth to Three System, through the Lens of Circle of Security

In partnership with the OEC and funding from the American Rescue Plan Act (ARPA) , a one year project was created and implemented to share the knowledge and principles of COSP with interested Connecticut B-3 programs. This project was designed to enhance positive attachment and relationships within Birth to Three services. Throughout this COSP learning process, an infrastructure was developed that provided supportive hands to B-3 families, providers and supervisors.

A critical component of this project was to create a Community of Practice to ensure continued fidelity and provide a secure base for B-3 facilitators. Not only has this community offered a safe haven for facilitators, but it has allowed opportunities for COSP growth and sustainability within the B-3 system.




Event Details:

Speakers: Donna Notti & Jennifer Buffington

Wednesday, June 14, 2023

12 - 1 pm (EST), Zoom event



To Register for the event, which will be held on Zoom please follow this link;

<https://uconn-edu.zoom.us/meeting/register/tjErcOGqDMjHtM2-iRR6AOhXKy0X1pAFour>

After registering, you will receive a confirmation email containing information about joining the meeting.

About the Presenters



Donna Q. Notti, MS., COSP Facilitator, Infant Mental Health Specialist Endorsement-Level II, Former Director of Cheshire Birth to Three Program, Darcey School COSP Team Coordinator, Consultant to Cheshire Public Schools.

As a Special Education teacher for over 40 years and the Director of the Cheshire Birth to Three Program for over 25 years, I have an intense desire to continue to assist families and staff to develop strong positive attachments and relationships. Research reveals that positive attachments are the required foundation for any individual to be available to learn, be productive and feel secure. The use of COSP in my work and personal life has made significant positive changes and emotional growth for me, my family, staff and families we work with.

Jennifer Buffington, Cheshire Birth to Three Program Director

I feel blessed to have been working in the field of early Intervention for 28 years as a special education teacher and early interventionist. This journey has led me to my current position as the Cheshire Birth to Three Program Director. Early on in my career, I discovered my passion for supporting young children and their families. I felt successful as a B-3 home visitor, coaching families on how they could enhance and support their child's development. However, I couldn't shake the feeling that there were missing pieces in my practice. I remember feeling uncomfortable when I observed parents struggling to connect with their child. I didn't understand what I was observing. I just knew it felt strained. It wasn't until I experienced Circle of Security (COS) as a parent and then as a trained facilitator, that I realized the missing pieces in my practice were about secure attachment and relationships. COS changed the lens that I was looking through. I now see the relationship. I have a road map that helps me close the gap between my knowledge of attachment and putting it into practice with the families I support. Like any practice, COSP is not a full proof, easy fix intervention. It's more of a long-term investment in the quality of security for children and their families. And a lesson for me in the power of relationships.

For more information about ANCT, please visit our website at :
<https://www.attachmentnetworkofconnecticut.com>



Artwork Credit:
Wassily Kandinsky, Murnau with a Church (1910).

In September 2022, the Wassily Kandinsky painting "View of Murnau with Church" was returned to the descendants of a Jewish art collector who was murdered in the Holocaust. (Public domain)