supportive work environment
family
teachers
supportive coworkers
giving myself time to breathe
friendships
seeing children smile
family
my daughter
support groups
being with family
feeling awe and wonder in seeing grandchildren develop
faith
gardening
laughing
friends
making my own mental health a priority
collaboration
connecting with friends
love
faith
support groups
being with
being outdoors
being with family
friends
co-workers
awareness of benefits of self-care
community
supporting SE development
serving
collaboration
children
laughing
gardening
supportive coworkers
love
seeming the caring side of people
support from these meetings
co-workers
bringing positive change
filling my own cup
community
my children
friendships
faith
hearing we are making a difference
seeming the caring side of people
having a small business
children
faith, spiritual connection
friends
helping early educators
teachers
faith
modeling for children
connecting with people
co-workers
celebrating a new child
gardening
support groups
filling my own cup
seeing children smile
family
serving
my daughter
faith
teachers
celebrating a new child
helping young children build resiliency
smart thinkers: Trevor Noah, Heather Cox Richards, Stephen Colbert