



**The Attachment Network of Connecticut
is pleased to offer the following program for the
No One Eats Alone lunchtime series**

**Anti-Racist Angels in the Nursery:
Racialized Reflective Practice on
Behalf of Babies**

Presented by

**Samantha Colson, MSW, MS, IMH-€® &
Megan Smith, LCAT, LPC, MT-BC, IMHM-€®**

March 13, 2024 from 12-1 pm (EST)
Please Join Us!

Attachment Network of Connecticut



About this Event

Anti-Racist Angels in the Nursery: Racialized Reflective Practice on Behalf of Babies"

The authors will provide an overview of their newly published workbook "Reflective Practice through a Racialized Lens: My Hero's Journey", designed for increasing self-awareness in infant/early childhood serving professionals around culture, race, trauma and resilience for better family engagement and outcomes. Participants will get the opportunity to engage in an experiential workbook activity to deepen their understanding of their own care-receiving and attachment relationships that make up cultural champions and anti-racist angels in the nursery.



Event Details:

Samantha Colson & Megan Smith

Wednesday, March 13, 2024

12 - 1 pm (EST), Zoom event



To Register for the event, which will be held on Zoom please follow this link:

<https://uconn-edu.zoom.us/meeting/register/tjErcOGrqDMjHtM2-iRR6AOhXKy0X1pAFour>

After registering, you will receive a confirmation email containing information about joining the meeting.

About the Presenters



Samantha S. Colson, MSW, MS, IMH-E® holds both a Master's in Social Work and Strategic Leadership from Roberts Wesleyan University. She has also earned the NYS-AIMH Endorsement as an Infant Family Reflective Supervisor. During her professional journey, she has focused on her passion for promoting positive mental health and wellbeing across the lifespan. Samantha has extensive experience in crisis response, suicide prevention, trauma-informed care, infant mental health, project management and planning. She is a mom of four growing young men and a cat mama. She loves traveling and taking much needed naps.

Megan M. Smith, LCAT, LPC, MT-BC, IMHM-E® lives in Rochester, NY with her college sweetheart and two cats and is honored to be an important adult to her three nieces. She pursued a Master's degree in Creative Arts in Therapy and has additional training and clinical experience in relationship-based, trauma-informed, and family-centered services across community, educational, behavioral health, medical, and child welfare systems. Megan is Endorsed as an Infant/Early Childhood Mental Health Mentor-Clinician. She supports workforce development and capacity building for professionals through Infant and Early Childhood Mental Health and DC:0-5 training, Reflective Supervision/Consultation, and her role as an Adjunct Professor with Nazareth University. She also maintains a private practice focused on music psychotherapy, childhood trauma, and child-parent psychotherapy.



For more information about ANCT, please visit our website at :
<https://www.attachmentnetworkofconnecticut.com>



Artwork Credit:
Preparing the Candombe (Decoration)
Pedro Figari, 1935